

# International Training for „Dissexuality Therapy“

## Programme

There is a lack of qualified therapists able to treat people with pedophilic/hebephilic inclination aiming to help them not to act out their sexual interest towards children and prevent child sexual abuse or the use of child exploitation material.

The further training is intended to contribute to a change in this regard and serves to motivate mental health professionals who are active in psychotherapy to take care for people with sexual interests for children in order to enhance the possibilities of primary preventive treatment on an international scale.

The advanced training imparts knowledge and skills in assessment and treatment based on the Berlin Dissexuality Therapy (BEDIT) and is aimed at people with pedophilia / hebephilia who are self-motivated and willing to cooperate and seek help and improve their significant distress and mental symptoms (like depression, anxiety etc.) and would like to achieve complete behavioral control about their sexual interests towards children in terms of sexual abuse or the use of child sexual abuse images.

The training is therefore aimed specifically at therapists who want to focus on this area of causer related prevention of child sexual abuse, especially in connection with the establishment of further contact points for people with pedophilic and/or hebephilic sexual preference, who want to orientate their approach on the quality standards of the network "Don't offend".

## Key facts

**Duration:** 100 hours

**Costs:** € 2,500

**Prerequisite:** Psychotherapeutic qualification (basic courses in medicine or psychology) - or acquiring these - active in direct patient care within the health system

**Scientific Guidance:** Prof. Klaus M. Beier, MD, PhD, Institute for Sexology and Sexual Medicine at Charité - Universitätsmedizin Berlin

**Speakers / Supervisors:** Scientific staff at the Institute for Sexual Medicine at Charité - Universitätsmedizin Berlin with many years of clinical experience in the Prevention Project Dunkelfeld; Indian therapists involved in the Don't offend India programme and working in the field since 2015 (see [www.ppsv.org](http://www.ppsv.org))

**Organization:** Berlin School of Sexual Health GmbH

**Venue:** ZOOM Webinar

## ZOOM Webinar

<https://us02web.zoom.us/j/85177969938?pwd=SnBLV2VOYXF4ZXZKYU52bmpCNTVQZz09>

Meeting-ID: 851 7796 9938

Kenncode: 358290

The link will be the same for all theoretical sessions. The link for the supervisions will be sent to you at a later point in time of the training. Please be on time. You will be invited in the waiting room until we let you in. Please note that the access data are exclusively intended for you and may not be passed on to anyone else.

## Technical requirements and preparatory measures for the online training program:

1. We recommend using a laptop, tablet, or computer with a webcam. It is possible to participate via cell phone, but less recommended because of the small screen. The best sound quality is achieved with a headset. This also guarantees that bystanders cannot listen in on the conversation. Many headphones now have an integrated microphone which is ideal for our purposes.
2. Ensure a stable Internet connection. If you use a wireless device, the proximity to the wifi router is crucial. You can check the speed of the connection at the following link: <https://speed.measurementlab.net> If your Internet connection is slow, make sure that other household members do not use data-intensive applications during the training session (e.g. streaming series, videocalls).
3. If possible, work in a room with little background noise so you can be understood when speaking. In general, we recommend turning the microphone on only when you want to speak, in order to avoid acoustic feedback.
4. The installation of the [ZOOM software](#) is recommended but not mandatory. With a modern browser (Google Chrome, Mozilla Firefox, Microsoft Edge) participation is also possible without installation, but the functionality is limited.
5. If you have technical problems, you can also dial in via phone.

## Attendance

You are allowed to miss one weekend without any extra work. Any further missed sessions need to be made up for with an extra assignment. You will be contacted individually in that case and will need to finish the assignment until the start of the next module.

## Confidentiality

Participation in the online training obliges you to maintain absolute confidentiality with regard to all patient-related information and material obtained in the training.

## Video Recording

In order to be able to catch up on practice sessions, we will record the entire training and make it available to you for internal use among the participants.

For this purpose, please fill out the consent form: <https://training.dont-offend.org/declaration-of-consent/>

# Modules

## A: Theoretical Part – Sexological Basics

General time structure on the weekends:

Sat: 7 - 8:30, 15 min break, 8:45 - 10:15, 45 min break, 11:00 - 12:30

Sun: 7 - 8:30, 15 min break, 8:45 - 10:15

### 1. Weekend (January 2022)

#### Seminar times:

January 29<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)  
January 30<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- Sexological Perspective
- Biopsychosocial development model
- Sexual Identity and Gender Identity
- Sexual history
- Inclusion of a partner

**Lecturers:** Beier, Doshi, Konrad, Ulrich

### 2. Weekend (February 2022)

#### Seminar times:

February 26<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)  
February 27<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- Sexual dysfunction
- Sexual dysfunction
- Sexual preference disorders
- Sexual behavior disorders
- Gender dysphoria

**Lecturers:** Beier, Hatzler, Kuhle, Nene, Scherner

## B: Theoretical Part - Dissexuality Therapy

### 3. Weekend (March 2022)

Basics, Exploration (with exercises), Tests,  
Final Reports

#### Seminar times:

March 26<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)  
March 27<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- First interview - therapy goals (suffering pressure, behavioural control)
- First interview - sexual history and preference diagnostics incl. differential diagnostics
- First interview - risk prognosis, formulation of the individual risk model, survey instruments
- First interview - exercises
- Documentation and final assessment

**Lecturers:** Kuhle, Scherner, Konrad, Bose

### 4. Weekend (April 2022)

BEDIT, Modules 1-4

#### Seminar times:

April 23<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)  
April 24<sup>th</sup> 2022 from 7 am to 12:30 am (CET)

- Module 1 - Psychoeducation and medical treatment options plus exercise
- Module 2 plus exercise - Acceptance
- Module 3 plus exercise - Motivation
- Module 4 plus exercise - Perception
- Case presentation/processes
- 1st supervision (5 groups; supervisors from Germany: Gieseler, Konrad, Kuhle, Scherner, Ulrich; in 3 groups together with supervisors from India: Bose, Doshi, Nene)

The following 9 supervision dates will be agreed with the respective group and should have taken place by the end of the year.

**Lecturers:** Beier, Kuhle, Konrad, Scherner, Bose

## 5. Weekend (May 2022)

BEDIT, Modules 5 – 9

### Seminar times:

May 21<sup>st</sup> 2022 from 7 am to 12:30 pm (CET)

May 22<sup>nd</sup> 2022 from 7 am to 10:15 am (CET)

- Module 5 plus exercise - Emotions
- Module 6 plus exercise - Sexual fantasies and sexual acts
- Module 7 plus exercise - Empathy and perspective taking
- Module 8 plus exercise - Biography and Schemas
- Module 9 plus exercise - Coping and problem solving

**Lecturers:** Konrad, Kuhle, Doshi, Nene

## 6. Weekend (June 2022)

BEDIT, Modules 10 – 11; Involvement of partners/relatives; minimal battery and research

### Seminar times:

June 25<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)

June 26<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- Module 10 plus exercise - Social Relationships,
- Involvement of partners/relatives
- Module 11 plus exercise - Intimacy and trust
- Case presentation/processes (additional use of medication options)
- Minimal battery and research

**Lecturers:** Amelung, Bose, Grundmann, Scherner

## 7. Weekend (August 2022)

BEDIT, Modules 12 – 13; Aftercare group; Non-manualised Forms of Therapy

### Seminar times:

August 27<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)

August 28<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- Module 12 plus exercise - Future planning
- Module 13 plus exercise - Protective measures, aftercare group
- Non-manualised forms of therapy: Normal intelligence with comorbidities
- Non-manualised forms of therapy: Intellectually impaired
- Case presentation/processes

**Lecturers:** Amelung, Grundmann, Nene, Scherner

## 8. Weekend (September 2022)

BEDIT-A; Specifics for adolescents

### Seminar times:

September 24<sup>th</sup> 2022 from 7 am to 12:30 pm (CET)

September 25<sup>th</sup> 2022 from 7 am to 10:15 am (CET)

- Theory: sexual development and preference (disorders) in adolescents
- BEDIT-A - exploration, diagnostics, final assessment
- Therapy and documentation, dealing with risk situations
- Dealing with comorbidities (incl. intelligence impairment) and drug treatment options
- Involvement of the reference system, dealing with confidentiality

**Lecturers:** Beier, Doshi, Schlinzig, Schuler

## C: Practical part - Supervisions

- 10 supervision sessions of 1,5 hours each in groups of 3-5 participants
- The first date take place after Module 4 (Sunday from 11am to 12:30pm.)
- The other supervisions will be agreed upon within your group in the first session on 24<sup>th</sup> April

## Lecturers and Supervisors

### From Germany

Institute of Sexology and Sexual Medicine, Charité – Universitätsmedizin Berlin

- Till Amelung, Dr. med.
- Klaus M. Beier, Prof. Dr. med. Dr. phil.
- Hannes Gieseler
- Dorit Grundmann, Dr. rer. medic. Dipl.-Psych.
- Laura Hatzler, Dr. med.
- Anna Konrad, Dr. rer. medic. Dipl.-Psych.
- Laura F. Kuhle, Dr. rer. medic. Dipl.-Psych.
- Gerold Scherner, Dipl.-Psych.
- Eliza Schlinzig, Dipl.-Psych.
- Miriam Schuler, M. Sc.
- Hannes Ulrich, M. Sc.

### From India

Program for Primary Prevention of Sexual Violence (PPPSV); Don't-offend-India

- Ms. Janavi Doshi (M. Sc.), Consultant Therapist
- Dr. phil. Ujjwal Nene, Sexual Health Consultant, Therapist
- Suchismita Bose (M.A. Cl. Psychologist), Therapist

## Literature:

Beier, K.M. (Ed.) Pedophilia, Hebephilia and Sexual Offending against Children. The Berlin Dissexuality Therapy, Springer 2021